



### 3. Einhorn-Triathlon Oyten, am 09. Juni 2019 ERGEBNIS - LISTE

#### Triathlon M - Gesamtzeiten

| Ges.Pl. | Pl. M. | Pl. W. | Pl.A-Kl. | St.-Nr. | Name               | Verein / Staffel               | Alt-Kl. | Swim       | Bike       | Run        | Ges.Zt.    |
|---------|--------|--------|----------|---------|--------------------|--------------------------------|---------|------------|------------|------------|------------|
| 1       | 1      | 0      | 1        | 58      | Simon Heiden       |                                | M25     | 00:06:48.9 | 00:32:20.4 | 00:21:41.6 | 01:00:50.9 |
| 2       | 2      | 0      | 1        | 107     | Krzysztof Smiglak  |                                | M35     | 00:07:57.3 | 00:33:24.1 | 00:22:39.7 | 01:04:01.1 |
| 3       | 3      | 0      | 1        | 101     | Thomas Walther     | TSV Neuenwalde                 | M40     | 00:08:11.2 | 00:33:57.1 | 00:22:23.3 | 01:04:31.6 |
| 4       | 4      | 0      | 1        | 124     | Viktor Kimmel      | Team HARZCORE                  | M30     | 00:07:47.3 | 00:36:02.7 | 00:21:50.5 | 01:05:40.5 |
| 5       | 5      | 0      | 1        | 125     | Marcus Cords       | For Brother                    | M45     | 00:08:53.4 | 00:36:15.8 | 00:21:52.2 | 01:07:01.4 |
| 6       | 6      | 0      | 1        | 57      | Heiko Märkert      | Tri Team Ummel                 | M55     | 00:08:49.7 | 00:34:15.8 | 00:25:11.4 | 01:08:16.9 |
| 7       | 7      | 0      | 2        | 166     | Thore Günther      |                                | M30     | 00:10:26.6 | 00:36:54.0 | 00:21:28.0 | 01:08:48.6 |
| 8       | 8      | 0      | 1        | 104     | Matthias Drews     | Harpstedter TB Triathlon       | M50     | 00:07:38.7 | 00:34:49.7 | 00:27:25.1 | 01:09:53.5 |
| 9       | 9      | 0      | 2        | 61      | David Tilgner      | Laufschule Lauenhagen          | M45     | 00:08:29.2 | 00:34:05.5 | 00:27:18.9 | 01:09:53.6 |
| 10      | 10     | 0      | 3        | 62      | Stefan Cordes      |                                | M45     | 00:08:38.5 | 00:34:30.4 | 00:27:22.6 | 01:10:31.5 |
| 11      | 11     | 0      | 2        | 100     | Jens Schmidt       | Die Beginner                   | M25     | 00:08:35.9 | 00:37:55.7 | 00:24:56.2 | 01:11:27.8 |
| 12      | 12     | 0      | 2        | 158     | Alexander Heim     | ESTEC Triathlon Club           | M50     | 00:09:39.9 | 00:37:45.8 | 00:24:26.6 | 01:11:52.3 |
| 13      | 13     | 0      | 1        | 134     | Konrad Gawel       |                                | M20     | 00:07:40.3 | 00:38:07.3 | 00:25:10.4 | 01:11:58.0 |
| 14      | 14     | 0      | 3        | 123     | Dean Tavis Müller  | Tri Adler Borussia Delmenhorst | M25     | 00:11:34.5 | 00:36:59.5 | 00:23:27.5 | 01:12:01.5 |
| 15      | 15     | 0      | 3        | 68      | Marko Hinrichs     | Tri-Sport Burhufe              | M30     | 00:08:30.3 | 00:36:59.1 | 00:26:50.0 | 01:12:19.4 |
| 16      | 16     | 0      | 2        | 99      | Erik Henkel        |                                | M40     | 00:08:25.5 | 00:37:20.9 | 00:27:02.7 | 01:12:49.1 |
| 17      | 17     | 0      | 4        | 1225    | Kim Vlasics        |                                | M30     | 00:09:49.3 | 00:38:15.8 | 00:25:48.9 | 01:13:54.0 |
| 18      | 18     | 0      | 4        | 94      | Fabian Böse        | Die Beginner                   | M25     | 00:09:21.1 | 00:39:12.0 | 00:25:41.7 | 01:14:14.8 |
| 19      | 19     | 0      | 4        | 111     | Marcel Buerschaper |                                | M45     | 00:09:45.1 | 00:37:51.0 | 00:27:06.9 | 01:14:43.0 |
| 20      | 20     | 0      | 2        | 136     | Niklas Wendt       |                                | M20     | 00:10:30.1 | 00:38:47.2 | 00:25:35.8 | 01:14:53.1 |
| 21      | 21     | 0      | 3        | 143     | Lasse Pietsch      | TCB                            | M20     | 00:10:28.2 | 00:39:23.0 | 00:25:03.1 | 01:14:54.3 |
| 22      | 22     | 0      | 5        | 160     | Andreas Bertram    | LG Kreis Verden                | M45     | 00:10:08.9 | 00:38:57.0 | 00:26:11.4 | 01:15:17.3 |
| 23      | 23     | 0      | 6        | 114     | Olaf Erich         | TSV Gnarrenburg                | M45     | 00:10:33.0 | 00:39:54.5 | 00:25:39.9 | 01:16:07.4 |
| 24      | 24     | 0      | 3        | 80      | Bernd Adelmeyer    | Team Erdinger alkoholfrei      | M40     | 00:09:31.9 | 00:41:06.3 | 00:26:00.1 | 01:16:38.3 |
| 25      | 25     | 0      | 3        | 86      | Volkmar Führling   |                                | M50     | 00:09:37.1 | 00:38:20.1 | 00:28:49.0 | 01:16:46.2 |
| 26      | 26     | 0      | 2        | 109     | Dieter Schwarte    | QSC 99 Quakenbrueck            | M55     | 00:09:18.9 | 00:39:37.7 | 00:27:54.6 | 01:16:51.2 |
| 27      | 27     | 0      | 4        | 149     | Rüdiger Meyer      | OT Bremen                      | M40     | 00:07:25.4 | 00:39:26.7 | 00:30:19.5 | 01:17:11.6 |
| 28      | 28     | 0      | 4        | 89      | Klaus Bödeker      | TSV St. Magnus                 | M50     | 00:08:46.7 | 00:38:18.2 | 00:30:43.3 | 01:17:48.2 |
| 29      | 29     | 0      | 7        | 90      | Sven Weihmann      | Triathlon Club Bremen          | M45     | 00:10:14.4 | 00:39:29.2 | 00:28:06.6 | 01:17:50.2 |
| 30      | 30     | 0      | 2        | 88      | Frank Hitschke     | Team FCOS                      | M35     | 00:10:16.3 | 00:38:11.4 | 00:29:24.8 | 01:17:52.5 |
| 31      | 31     | 0      | 5        | 63      | Wulf Schwarz       | Tri Team Schwarme              | M50     | 00:08:19.1 | 00:37:25.0 | 00:32:37.7 | 01:18:21.8 |
| 32      | 32     | 0      | 6        | 138     | Michael Kies       |                                | M50     | 00:10:10.1 | 00:40:14.3 | 00:28:08.2 | 01:18:32.6 |
| 33      | 33     | 0      | 7        | 103     | Rainer Brandt      | TV Lilienthal                  | M50     | 00:10:12.4 | 00:40:00.7 | 00:28:31.0 | 01:18:44.1 |
| 34      | 34     | 0      | 5        | 78      | Fabian Sattler     |                                | M30     | 00:10:25.6 | 00:40:46.0 | 00:28:10.5 | 01:19:22.1 |
| 35      | 35     | 0      | 8        | 162     | Olaf Scharpf       |                                | M50     | 00:10:39.1 | 00:38:06.7 | 00:30:57.4 | 01:19:43.2 |
| 36      | 36     | 0      | 1        | 157     | Franz Walther      | Leipzig RB                     | M60     | 00:09:58.2 | 00:39:04.4 | 00:30:48.6 | 01:19:51.2 |
| 37      | 37     | 0      | 1        | 55      | Anton Bartling     | TSV Schwarme                   | M65     | 00:10:53.7 | 00:40:18.8 | 00:29:08.2 | 01:20:20.7 |
| 38      | 38     | 0      | 5        | 126     | Dirk Bakenhus      | Oldenburg                      | M40     | 00:11:30.2 | 00:41:00.9 | 00:28:04.1 | 01:20:35.2 |
| 39      | 39     | 0      | 8        | 60      | Bernd Keuten       |                                | M45     | 00:09:10.4 | 00:39:25.4 | 00:32:02.1 | 01:20:37.9 |
| 40      | 40     | 0      | 4        | 118     | Hani Al Mohraji    |                                | M20     | 00:08:24.1 | 00:44:48.2 | 00:27:33.3 | 01:20:45.6 |
| 41      | 41     | 0      | 9        | 163     | Ingo Moss          | SC Weyhe -Triathlon-           | M45     | 00:12:01.2 | 00:40:04.7 | 00:28:41.2 | 01:20:47.1 |
| 42      | 42     | 0      | 9        | 73      | Franz Gensigk      |                                | M50     | 00:09:02.9 | 00:40:12.2 | 00:31:35.6 | 01:20:50.7 |
| 43      | 43     | 0      | 6        | 1222    | Christian Gerken   |                                | M40     | 00:08:43.7 | 00:42:31.5 | 00:29:43.3 | 01:20:58.5 |
| 44      | 44     | 0      | 10       | 102     | Marcel Jäschke     |                                | M45     | 00:11:37.4 | 00:39:40.9 | 00:29:41.5 | 01:20:59.8 |
| 45      | 45     | 0      | 10       | 154     | Stephan Kusch      | TUS Wahnbeke                   | M50     | 00:12:28.5 | 00:39:36.0 | 00:28:57.1 | 01:21:01.6 |
| 46      | 46     | 0      | 5        | 156     | Steven Stürenburg  | RWB Essen                      | M20     | 00:07:15.6 | 00:42:39.9 | 00:31:20.9 | 01:21:16.4 |
| 47      | 47     | 0      | 6        | 117     | Jörn Moser         |                                | M30     | 00:09:59.5 | 00:42:24.3 | 00:29:14.7 | 01:21:38.5 |
| 48      | 48     | 0      | 5        | 153     | Kilian Dresbach    |                                | M25     | 00:10:34.0 | 00:42:41.1 | 00:28:25.4 | 01:21:40.5 |
| 49      | 49     | 0      | 7        | 148     | Tom Mryka          |                                | M40     | 00:10:06.7 | 00:43:13.8 | 00:28:25.0 | 01:21:45.5 |
| 50      | 50     | 0      | 8        | 116     | Stefan Lindstädt   |                                | M40     | 00:10:24.4 | 00:41:56.7 | 00:29:40.5 | 01:22:01.6 |
| 51      | 51     | 0      | 3        | 127     | Sebastian Döring   |                                | M35     | 00:09:28.6 | 00:39:05.8 | 00:33:58.5 | 01:22:32.9 |
| 52      | 52     | 0      | 4        | 92      | Sven Hinrichs      | Irre Papas                     | M35     | 00:11:16.3 | 00:40:15.8 | 00:31:01.5 | 01:22:33.6 |
| 53      | 53     | 0      | 11       | 119     | Frank Schmidt      |                                | M45     | 00:10:28.0 | 00:43:41.2 | 00:28:26.5 | 01:22:35.7 |
| 54      | 54     | 0      | 5        | 133     | Steffen Krappitz   |                                | M35     | 00:11:29.3 | 00:42:18.5 | 00:28:57.5 | 01:22:45.3 |
| 55      | 55     | 0      | 12       | 155     | Tom Ossinski       | TSV Etelsen                    | M45     | 00:12:21.9 | 00:45:18.1 | 00:25:06.1 | 01:22:46.1 |
| 56      | 56     | 0      | 6        | 69      | Christian Cyriacks |                                | M35     | 00:11:11.5 | 00:40:35.0 | 00:31:36.1 | 01:23:22.6 |
| 57      | 57     | 0      | 9        | 212     | Michael Kohl       |                                | M40     | 00:10:19.0 | 00:42:17.6 | 00:30:56.4 | 01:23:33.0 |
| 58      | 58     | 0      | 7        | 137     | Jens Ollrogge      | RCB                            | M35     | 00:10:52.9 | 00:38:33.0 | 00:34:10.5 | 01:23:36.4 |



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#### Triathlon M - Gesamtzeiten

| Ges.Pl. | Pl. M. | Pl. W. | Pl.A-Kl. | St.-Nr. | Name               | Verein / Staffel         | Alt-Kl. | Swim       | Bike       | Run        | Ges.Zt.    |
|---------|--------|--------|----------|---------|--------------------|--------------------------|---------|------------|------------|------------|------------|
| 59      | 59     | 0      | 3        | 65      | Ralph Krämer       | SWB Runner               | M55     | 00:11:56.7 | 00:44:27.7 | 00:27:15.8 | 01:23:40.2 |
| 60      | 60     | 0      | 11       | 141     | Claus Beninga      |                          | M50     | 00:12:54.7 | 00:40:50.4 | 00:29:57.9 | 01:23:43.0 |
| 61      | 61     | 0      | 10       | 85      | Marc Tietjen       |                          | M40     | 00:12:10.7 | 00:41:50.5 | 00:29:48.8 | 01:23:50.0 |
| 62      | 62     | 0      | 4        | 95      | Thomas Knode       |                          | M55     | 00:11:26.2 | 00:41:58.1 | 00:31:03.3 | 01:24:27.6 |
| 63      | 63     | 0      | 6        | 59      | Jonathan Heiden    |                          | M20     | 00:11:17.6 | 00:39:52.9 | 00:33:33.7 | 01:24:44.2 |
| 64      | 64     | 0      | 11       | 159     | Kevin Riedemann    |                          | M40     | 00:11:03.5 | 00:43:13.2 | 00:30:55.0 | 01:25:11.7 |
| 65      | 65     | 0      | 12       | 112     | Daniel Tschochow   | TV Scheeßel              | M40     | 00:11:24.1 | 00:43:32.2 | 00:30:46.5 | 01:25:42.8 |
| 66      | 66     | 0      | 5        | 113     | Klaus Hahn         | FC. St.Pauli             | M55     | 00:11:07.5 | 00:43:28.3 | 00:31:41.6 | 01:26:17.4 |
| 67      | 67     | 0      | 6        | 142     | Thorsten Lewerentz |                          | M55     | 00:11:59.1 | 00:44:13.6 | 00:30:26.7 | 01:26:39.4 |
| 68      | 68     | 0      | 12       | 97      | Tom Meinke         | FC St. Pauli Triathlon   | M50     | 00:12:13.1 | 00:39:39.1 | 00:35:37.0 | 01:27:29.2 |
| 69      | 69     | 0      | 13       | 71      | Sascha Einhorn     | DreiZack Spandau         | M45     | 00:10:20.3 | 00:43:08.9 | 00:34:10.4 | 01:27:39.6 |
| 70      | 70     | 0      | 2        | 56      | Wolfgang Renken    | TCB                      | M65     | 00:10:59.2 | 00:44:43.9 | 00:32:10.2 | 01:27:53.3 |
| 71      | 71     | 0      | 7        | 164     | Konstantin Gaber   |                          | M20     | 00:12:41.8 | 00:46:37.9 | 00:29:16.6 | 01:28:36.3 |
| 72      | 72     | 0      | 13       | 110     | Frank Rietbrock    | TV Scheeßel              | M50     | 00:11:35.6 | 00:40:26.1 | 00:36:49.3 | 01:28:51.0 |
| 73      | 73     | 0      | 13       | 150     | Jan Meding         |                          | M40     | 00:11:36.6 | 00:47:12.2 | 00:30:23.2 | 01:29:12.0 |
| 74      | 74     | 0      | 14       | 64      | Stefan Heine       |                          | M50     | 00:10:50.3 | 00:41:56.0 | 00:36:40.0 | 01:29:26.3 |
| 75      | 75     | 0      | 8        | 145     | Christian Link     |                          | M20     | 00:13:02.3 | 00:46:18.2 | 00:30:07.2 | 01:29:27.7 |
| 76      | 76     | 0      | 15       | 130     | Volker Herrmann    |                          | M50     | 00:11:48.7 | 00:43:42.3 | 00:34:29.3 | 01:30:00.3 |
| 77      | 77     | 0      | 14       | 152     | Henrik Streso      | TCB / Racebooker         | M40     | 00:11:43.8 | 00:47:38.2 | 00:30:44.0 | 01:30:06.0 |
| 78      | 78     | 0      | 8        | 91      | Florian Weinheimer | Die irren Papas          | M35     | 00:13:16.9 | 00:45:52.4 | 00:31:01.2 | 01:30:10.5 |
| 79      | 79     | 0      | 7        | 129     | Thorsten Böse      |                          | M55     | 00:12:16.8 | 00:40:47.3 | 00:37:12.0 | 01:30:16.1 |
| 80      | 80     | 0      | 2        | 98      | Jürgen Kettler     |                          | M60     | 00:13:58.0 | 00:46:15.8 | 00:31:43.3 | 01:31:57.1 |
| 81      | 81     | 0      | 16       | 144     | Richard Zuurbier   |                          | M50     | 00:12:33.3 | 00:48:04.4 | 00:32:00.8 | 01:32:38.5 |
| 82      | 82     | 0      | 17       | 82      | Ulrich Vergin      | 24 Stundenlauf Fleestedt | M50     | 00:11:40.4 | 00:46:19.2 | 00:34:51.3 | 01:32:50.9 |
| 83      | 83     | 0      | 3        | 54      | Hans-Dieter Nibbe  |                          | M65     | 00:11:10.0 | 00:46:09.9 | 00:36:17.4 | 01:33:37.3 |
| 84      | 84     | 0      | 9        | 93      | Niclas Bischoff    | Daverdener Runners       | M35     | 00:13:28.9 | 00:48:01.1 | 00:32:09.2 | 01:33:39.2 |
| 85      | 85     | 0      | 18       | 67      | Frank von Lehmden  | FC St. Pauli Triathlon   | M50     | 00:12:53.1 | 00:43:28.4 | 00:37:58.7 | 01:34:20.2 |
| 86      | 86     | 0      | 3        | 128     | Uwe Tuchel         | TV Bremen Walle 1875     | M60     | 00:15:39.7 | 00:48:53.7 | 00:35:22.1 | 01:39:55.5 |
| 87      | 87     | 0      | 9        | 122     | Hendrik Hebart     |                          | M20     | 00:14:43.9 | 00:49:20.7 | 00:42:06.6 | 01:46:11.2 |
| 88      | 88     | 0      | 15       | 75      | Frank Limberg      |                          | M40     | 00:11:25.2 | 00:49:40.4 | 00:46:05.7 | 01:47:11.3 |
| 89      | 89     | 0      | 4        | 147     | Jürgen Lewerentz   |                          | M60     | 00:12:09.3 | 00:52:19.2 | 00:45:26.2 | 01:49:54.7 |
| 90      | 90     | 0      | 16       | 53      | Fotios Karalivanos |                          | M40     | 00:17:53.9 | 00:52:08.9 | 00:40:52.9 | 01:50:55.7 |
| 91      | 91     | 0      | 1        | 140     | Gernot Kauß        | Lauftreff Ganderkese     | M70     | 00:14:21.7 | 00:58:25.5 | 00:50:02.2 | 02:02:49.4 |